

# Balancing Acts: Three Prima Ballerinas Becoming Mothers

In the world of dance, prima ballerinas are revered for their ethereal grace, technical brilliance, and unwavering dedication. But what happens when these extraordinary women become mothers? How do they navigate the demanding world of dance while also raising a family?



## Balancing Acts: Three Prima Ballerinas Becoming Mothers by Lucy Gray

★★★★☆ 4.7 out of 5

Language : English  
File size : 22766 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 160 pages  
Lending : Enabled



In *Balancing Acts*, three acclaimed prima ballerinas—Misty Copeland, Tamara Rojo, and Marianela Núñez—share their inspiring and relatable stories of motherhood and career. These women have achieved the pinnacle of their profession while also embracing the joys and challenges of parenthood. Through their candid accounts, they offer a unique glimpse into the lives of these extraordinary women, showcasing their resilience, determination, and passion for both dance and family.

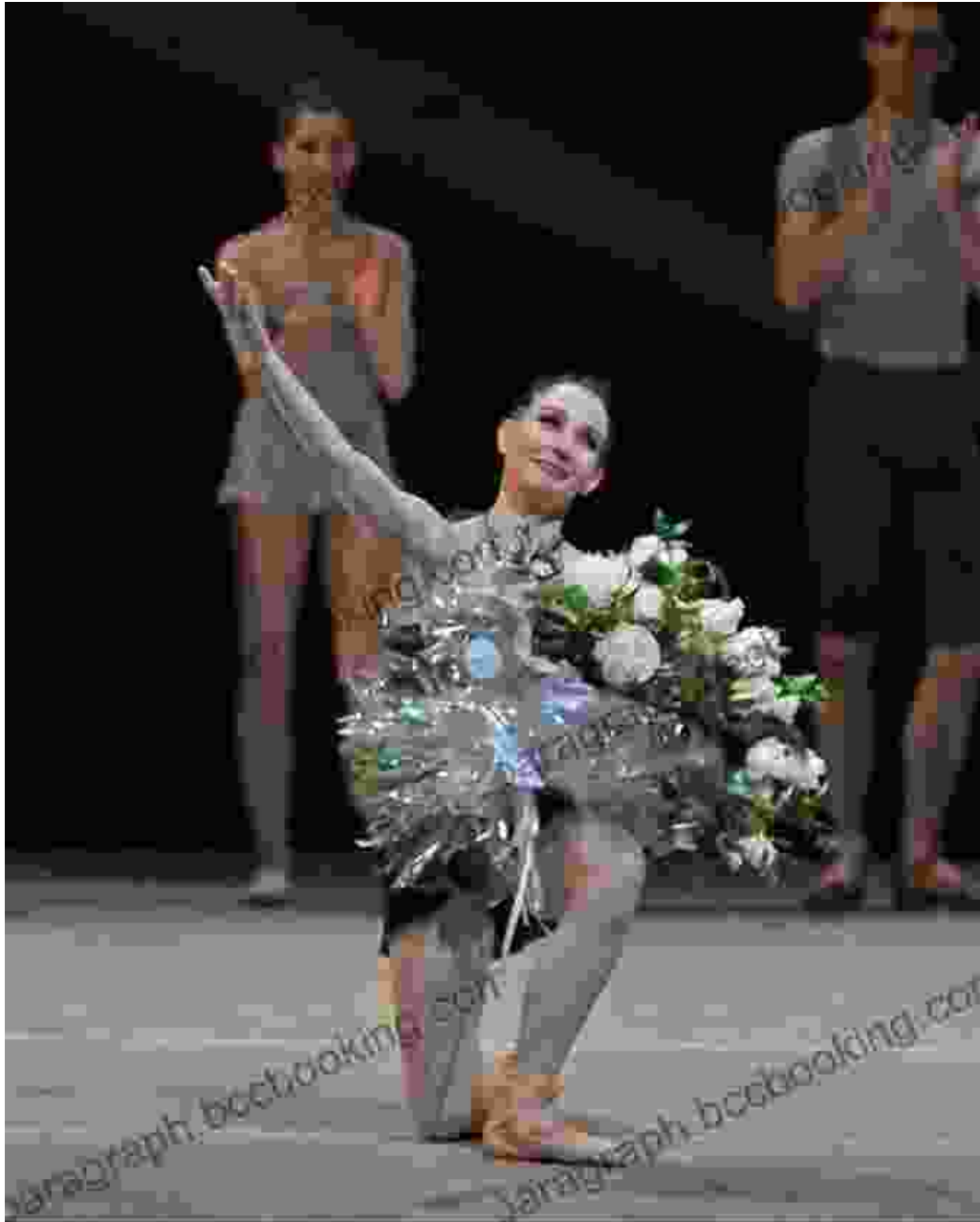
## Misty Copeland

Misty Copeland is the first African American woman to be promoted to principal dancer at the American Ballet Theatre. She is a trailblazing artist whose story has captured the hearts of people around the globe. In *Balancing Acts*, Copeland shares her personal journey of becoming a mother while maintaining her rigorous dance career. She discusses the challenges of balancing rehearsals, performances, and travel with the demands of motherhood. With honesty and vulnerability, she reveals the sacrifices she has made and the lessons she has learned along the way.



## **Tamara Rojo**

Tamara Rojo is the artistic director of the English National Ballet. She is a former principal dancer with the Royal Ballet and the Mariinsky Ballet. In *Balancing Acts*, Rojo shares her experience of becoming a mother later in life. She discusses the challenges of conceiving and giving birth as an older woman and the adjustments she made to her dance career to accommodate her family. Rojo's story is a testament to the power of perseverance and the unwavering bond between mother and child.



## **Marianela Núñez**

Marianela Núñez is a principal dancer with the Royal Ballet. She is known for her exquisite artistry and her commitment to social justice. In *Balancing Acts*, Núñez shares her unique perspective on motherhood and dance. She discusses the importance of representation and the challenges of raising a biracial child in a predominantly white world. Núñez's story is an inspiring

example of a woman who has used her platform to advocate for change and make the world a more inclusive place.



*Balancing Acts* is a must-read for anyone interested in the world of dance, motherhood, or the lives of extraordinary women. This book is a celebration of the strength, resilience, and passion of three prima ballerinas. It is a

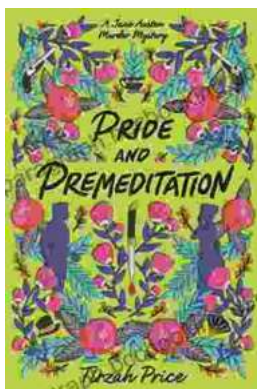
testament to the power of the human spirit and the unbreakable bond between mother and child.



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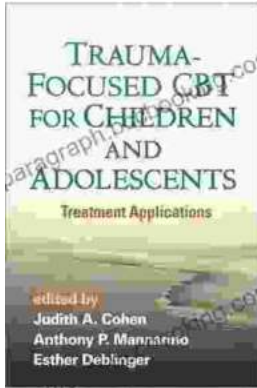
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