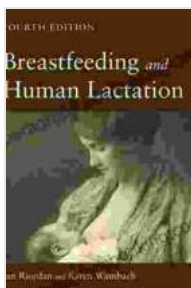


Breastfeeding and Human Lactation: The Essential Guide for Healthcare Professionals

Breastfeeding is the natural and optimal way to feed infants and young children. It provides numerous health benefits for both mothers and babies, and it is the foundation for lifelong health and well-being.



Breastfeeding and Human Lactation by Karen Wambach

★★★★☆ 4.8 out of 5

Language : English
File size : 75011 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 823 pages



Breastfeeding and Human Lactation is the definitive reference for healthcare professionals providing care to breastfeeding mothers and infants. This comprehensive text provides an in-depth understanding of the science of lactation and the latest evidence-based practices for promoting, protecting, and supporting breastfeeding.

Breastfeeding and Human Lactation is written by a team of leading experts in the field of lactation. The book covers all aspects of breastfeeding, from the physiology of lactation to the management of common breastfeeding problems. It includes the latest research on the benefits of breastfeeding, as well as the risks associated with formula feeding.

Breastfeeding and Human Lactation is an essential resource for healthcare professionals who want to provide the best possible care to breastfeeding mothers and infants. This book will help healthcare professionals to:

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- Promote, protect, and support breastfeeding
- Manage common breastfeeding problems
- Educate mothers about the benefits of breastfeeding

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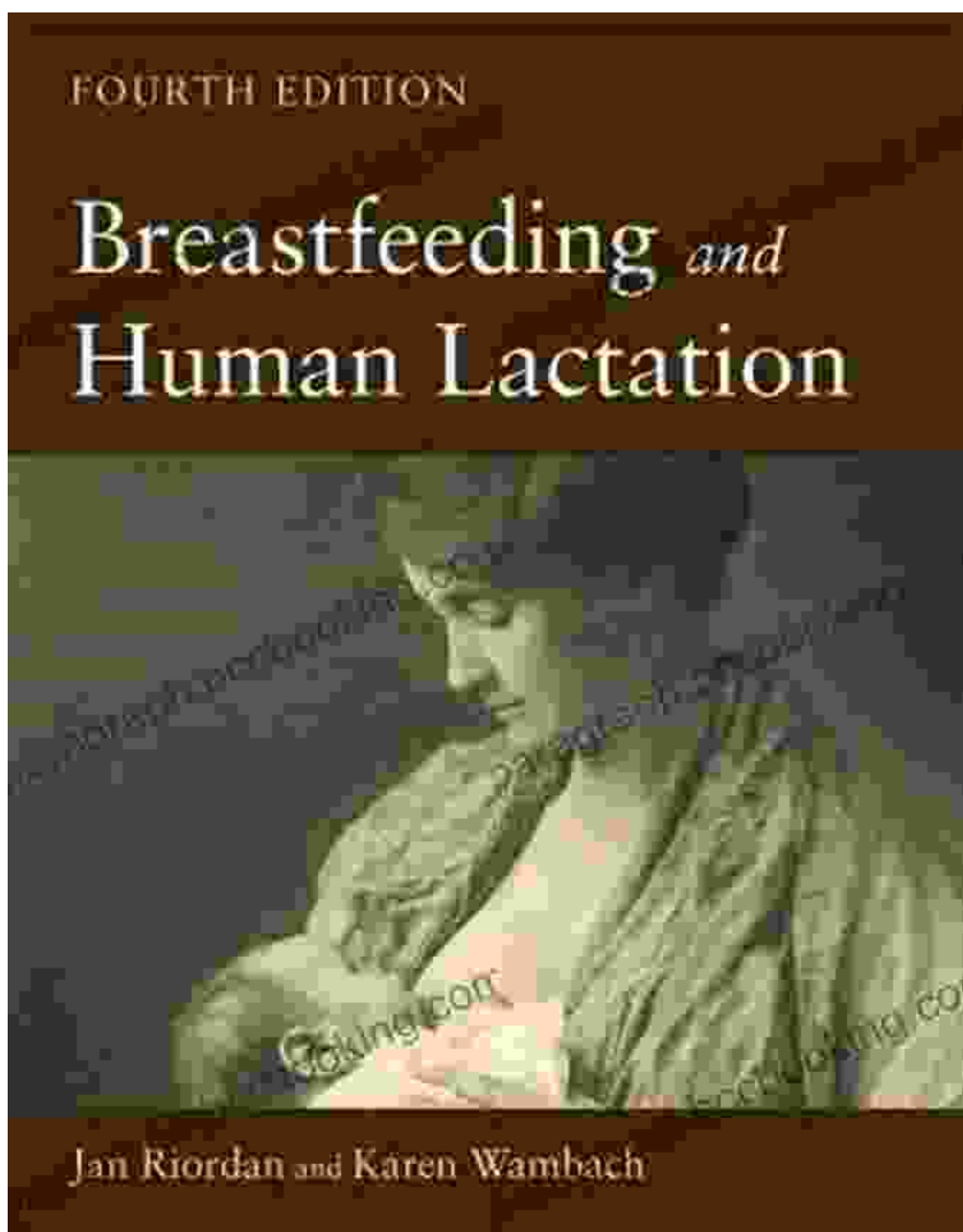
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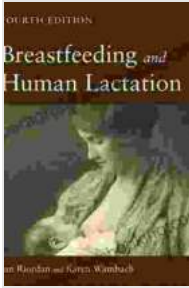
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- Promoting, Protecting, and Supporting Breastfeeding
- Educating Mothers about the Benefits of Breastfeeding
- Special Topics in Breastfeeding

About the Author

Karen Wambach, PhD, RN, IBCLC, is a professor of nursing at the University of California, San Francisco. She is a leading expert in the field of lactation and has authored numerous books and articles on the topic. Dr. Wambach is a fellow of the Academy of Breastfeeding Medicine and a past president of the International Lactation Consultant Association.

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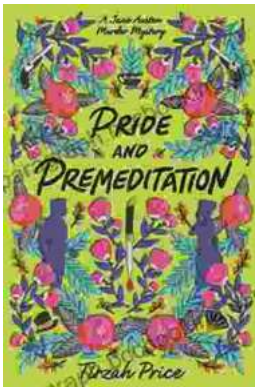




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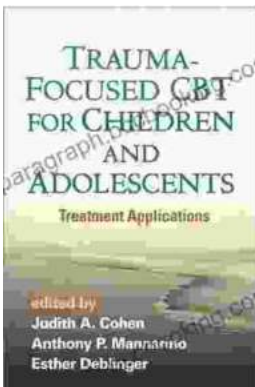
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