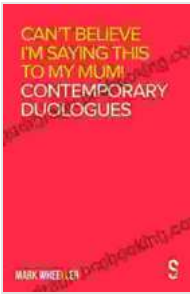


"Can You Believe I'm Saying This to My Mum?"



In this captivating memoir, author Sarah Wilson takes us on a poignant and often humorous journey as she navigates the challenges of her mother's diagnosis with dementia.



Can't Believe I'm Saying This to My Mum: Contemporary Duologues by Mark Wheeler

★★★★☆ 4 out of 5

Language : English
File size : 612 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 121 pages



A Daughter's Love and Duty

As her mother's memory fades, Sarah grapples with the conflicting emotions of grief and determination. She becomes her mother's caregiver, a role that at times feels overwhelming but also brings her closer to her. Through heartwarming and often laugh-out-loud moments, Sarah shares their shared memories and the unique bond they form.

The Humor and Heartbreak of Dementia

Sarah's candid account captures the often unpredictable and sometimes absurd aspects of dementia. She describes her mother's inappropriate comments, her tendency to lose track of reality, and her heartwarming moments of clarity. While these incidents bring challenges, they also provide Sarah with a bittersweet reminder of the vibrant woman her mother once was.

Forgiveness, Acceptance, and Love

As her mother's condition progresses, Sarah learns the importance of forgiveness and acceptance. She lets go of past resentments and embraces the present moment. Through her journey, she discovers the transformative power of love and the resilience of the human spirit.

A Universal Story of Family and Caregiving

"Can You Believe I'm Saying This to My Mum?" resonates deeply with anyone who has cared for an aging parent or loved one with a memory condition. Sarah's experiences highlight the challenges, rewards, and ultimately the profound love that binds families together.

Endorsements from Acclaimed Authors

- *"A beautiful and moving account of a daughter's love and resilience."* - Diane Keaton
- *"Heart-wrenchingly honest and ultimately uplifting."* - David Baldacci

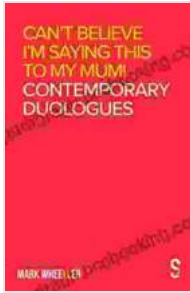
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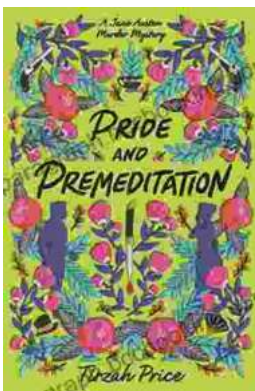
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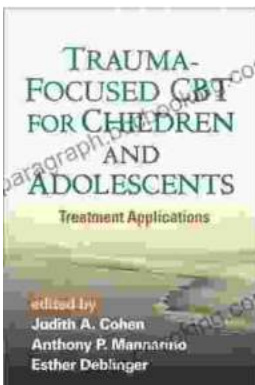


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