

# How I Lost My Religion and Found Myself

I was raised in a religious household. My parents were devout Christians, and they passed their faith on to me. I went to church every Sunday, and I prayed every night. I believed in God, and I believed that Jesus Christ was my savior.



## Shunned: How I Lost my Religion and Found Myself

by Linda A. Curtis

★★★★☆ 4.4 out of 5

Language : English  
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Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Word Wise : Enabled  
Print length : 321 pages



But as I got older, I started to have doubts. I began to question the things that I had been taught about God and religion. I wondered if there was really a heaven and a hell. I wondered if Jesus was really the son of God. I wondered if there was any evidence to support the claims of religion.

The more I questioned, the more my faith began to crumble. I stopped going to church. I stopped praying. I stopped believing in God.

At first, I was scared and confused. I didn't know what to believe anymore. I felt like I had lost my way.

But over time, I started to find my own way. I started to explore different philosophies and religions. I started to read books about science and history. I started to talk to people who had different beliefs than me.

Through my explorations, I came to realize that there is no one right way to believe. I realized that there are many different paths to truth and happiness.

I also came to realize that I don't need religion to be a good person. I don't need to believe in God to have a moral compass. I can live a happy and fulfilling life without religion.

Losing my religion was one of the most difficult things I have ever gone through. But it was also one of the most liberating. It freed me from the constraints of dogma and allowed me to find my own path.

I am now a happy and fulfilled atheist. I am grateful for the journey that led me to where I am today.

**If you are struggling with your faith, I encourage you to explore your doubts. Don't be afraid to question what you have been taught. There is no shame in seeking truth and meaning for yourself.**

You may find that your journey leads you to a different place than mine. But I hope that it will be a journey of growth and self-discovery.

Here are some resources that may be helpful to you on your journey:

- Recovering from Religion
- The Atheist Republic

- Secular Humanism

You are not alone.

**\*\*Alt attribute for the image:\*\*** A young woman sitting on a park bench, looking thoughtful and introspective.

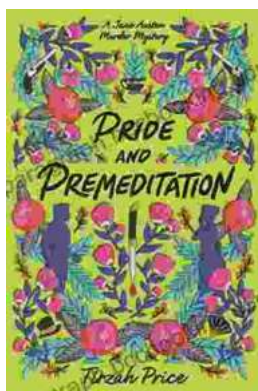


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