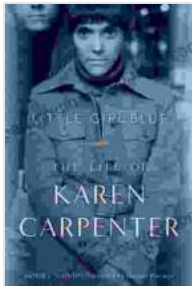


# Little Girl Blue: The Life of Karen Carpenter, A Haunting Tale of Fame and Tragedy



**Little Girl Blue: The Life of Karen Carpenter** by Randy Schmidt

★★★★☆ 4.6 out of 5

Language : English  
Text-to-Speech : Enabled  
Enhanced typesetting: Enabled  
Word Wise : Enabled  
Lending : Enabled  
File size : 2285 KB  
Screen Reader : Supported  
X-Ray : Enabled  
Print length : 392 pages



Karen Carpenter was one of the most successful and beloved singers of the 1970s. Along with her brother Richard, she formed the duo The Carpenters, which sold millions of records and won numerous awards. However, behind the scenes, Karen struggled with a devastating eating disorder that would ultimately lead to her untimely death.

*Little Girl Blue: The Life of Karen Carpenter* is a comprehensive and compassionate biography that tells the story of Karen's life and career. Author Randy L. Schmidt draws on extensive research, including interviews with Karen's family, friends, and colleagues, to provide a detailed and nuanced account of her life.

The book begins with Karen's early life in Downey, California. She was a shy and sensitive child who loved to sing and play the piano. Her talent was

evident from an early age, and she began performing with her brother at local talent shows.

In 1969, The Carpenters signed with A&M Records and released their debut album, *Offering*. The album was a commercial success, and the duo quickly became one of the most popular acts in the world. They released a string of hit songs, including "Close to You," "We've Only Just Begun," and "Top of the World."

Beneath the surface of Karen's success, however, she was struggling with anorexia nervosa. The disFree Download began as a way for her to control her weight, but it quickly spiraled out of control. Karen became obsessed with her body and her weight, and she began to starve herself.

Despite her struggles, Karen continued to perform and record with her brother. However, her health was deteriorating, and she was hospitalized several times for treatment of her eating disFree Download. In 1983, Karen died of heart failure at the age of 32.

*Little Girl Blue: The Life of Karen Carpenter* is a tragic and heartbreaking story, but it is also a story of hope and resilience. Karen Carpenter was a talented singer who overcame many obstacles to achieve her dreams. Her story is a reminder that even the most successful people can struggle with mental health issues.

## **Reviews**

"*Little Girl Blue* is a must-read for anyone interested in the life of Karen Carpenter. Randy L. Schmidt has written a compassionate and well-

researched biography that sheds new light on Karen's struggles with anorexia nervosa."

### - Rolling Stone

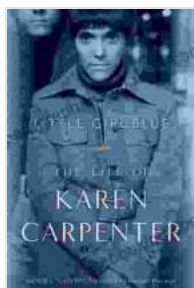
"*Little Girl Blue* is a heartbreaking but ultimately inspiring story. Karen Carpenter was a talented singer who overcame many obstacles to achieve her dreams. Her story is a reminder that even the most successful people can struggle with mental health issues."

### - The New York Times

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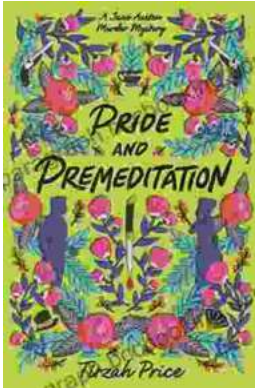
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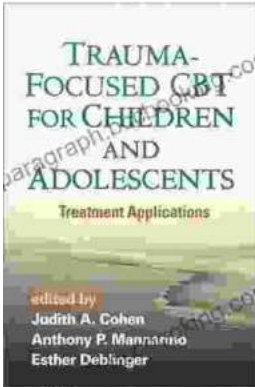
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