

# Park Bench on the Moon: A Journey Through the Inner Workings of the Mind

Park Bench on the Moon is a book that will take you on a journey through the inner workings of your mind. It is a story about the search for meaning in life, the power of imagination, and the importance of living in the present moment.



## Park Bench on the Moon by Sarah Jean Watson Willett

★★★★★ 5 out of 5

Language	: English
File size	: 3649 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 15 pages
Lending	: Enabled



The book begins with a young boy sitting on a park bench, looking up at the moon. He wonders what it would be like to sit on the moon and look back at Earth. As he dreams, he is transported to the moon and meets a wise old man who teaches him about the nature of reality and the importance of living in the present moment.

The old man tells the boy that the moon is a symbol of the mind. It is a place where we can go to escape the distractions of the world and connect

with our inner selves. The old man also tells the boy that the present moment is the only moment that we have, and that we should cherish it.

The boy takes the old man's words to heart and begins to live his life more fully. He learns to appreciate the beauty of the world around him and to find joy in the simple things in life. He also learns to let go of the past and the future, and to live in the present moment.

Park Bench on the Moon is a book that will stay with you long after you finish reading it. It is a book that will inspire you to live your life more fully and to appreciate the beauty of the world around you.

## **Reviews**

"Park Bench on the Moon is a beautiful and inspiring book. It is a must-read for anyone who is looking for meaning in life." - Deepak Chopra

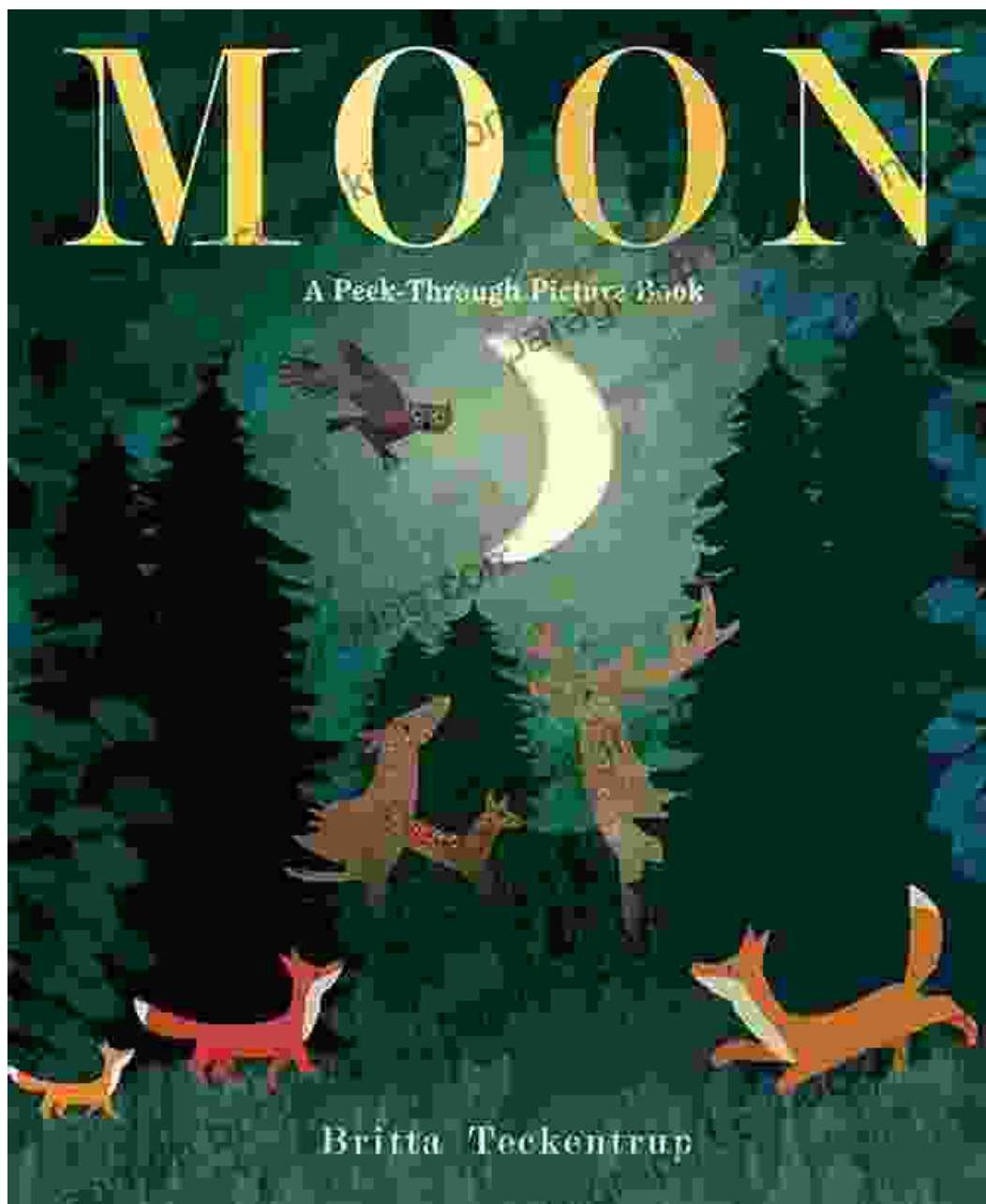
"Park Bench on the Moon is a wise and compassionate book. It will help you to understand yourself better and to live a more fulfilling life." - Eckhart Tolle

"Park Bench on the Moon is a book that will change your life. It is a must-read for anyone who is interested in personal growth and spirituality." - Wayne Dyer

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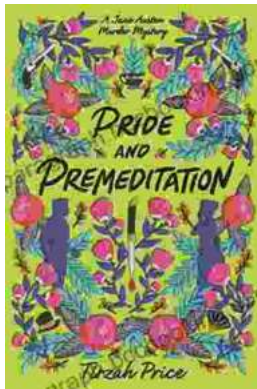


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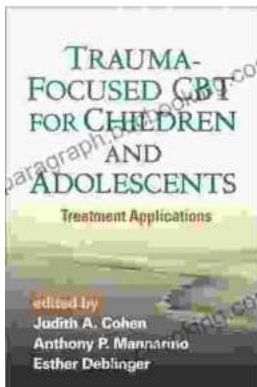
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