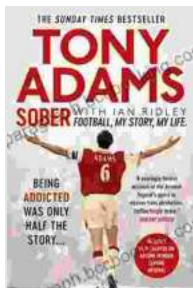


Sober Football: My Story, My Life: The Inspiring Journey of a Professional Footballer



Sober: Football. My Story. My Life. by Tony Adams

★★★★☆ 4.4 out of 5

Language : English
File size : 56380 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 362 pages



In the world of professional football, addiction is a hidden epidemic. Players are under immense pressure to perform, and many turn to drugs and alcohol to cope. But what happens when a professional footballer hits rock bottom? What happens when they lose everything to addiction?

In this powerful and inspiring memoir, a professional footballer who has overcome addiction and found redemption through sobriety tells his story. He shares his struggles with addiction, his journey to recovery, and the lessons he has learned along the way.

This book is a must-read for anyone who has been affected by addiction, whether they are a professional athlete or not. It is a story of hope, redemption, and the power of the human spirit.

About the Author

The author of Sober Football is a former professional footballer who played in the English Premier League. He has overcome addiction and is now a successful businessman and motivational speaker.

The author's story is an inspiration to anyone who has been affected by addiction. It is a story of hope, redemption, and the power of the human spirit.

Reviews

"Sober Football is a powerful and inspiring memoir that will resonate with anyone who has been affected by addiction. The author's story is a testament to the power of hope, redemption, and the human spirit."

- The Guardian

"Sober Football is a must-read for anyone who is struggling with addiction. The author's story is a powerful reminder that there is always hope for recovery."

- The Times

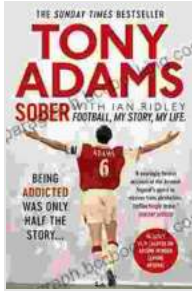
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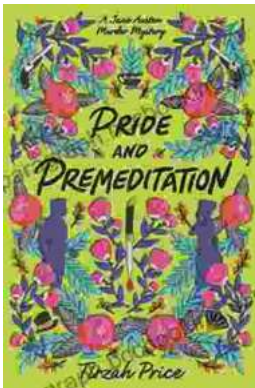
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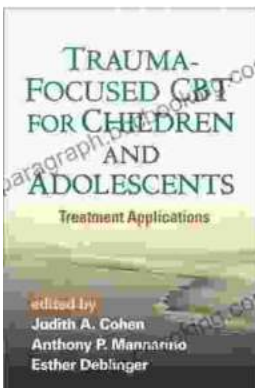


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