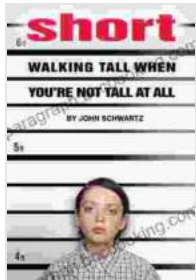


Walking Tall When You're Not Tall At All

If you're not tall, you may feel like you're at a disadvantage in life. But the truth is, there are plenty of ways to walk tall and feel confident, even if you're not the tallest person in the room.



Short: Walking Tall When You're Not Tall At All

by John Schwartz

★ ★ ★ ★ ☆ 4.6 out of 5

Language : English
File size : 498 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 152 pages



This book will show you how to overcome your height insecurities and start living a bigger life. You'll learn how to:

- Understand the psychology of height and how it affects your self-esteem
- Develop a positive body image and learn to love your height
- Build confidence and overcome social anxiety
- Dress to flatter your height and make you look and feel more confident
- Stand up for yourself and assert your rights

Whether you're a man or a woman, young or old, this book can help you to walk tall and feel confident, no matter your height.

What Others Are Saying About Walking Tall When You're Not Tall At All

"This book is a must-read for anyone who has ever felt insecure about their height. It's full of practical advice and inspiring stories that will help you to overcome your insecurities and start living a bigger life." - **Dr. Phil McGraw**

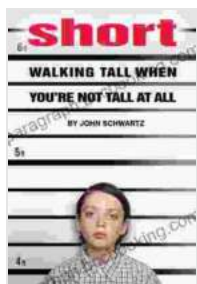
"I highly recommend this book to anyone who wants to boost their confidence and feel more confident in their own skin. It's a great resource for anyone who wants to live a bigger life, regardless of their height." - **Oprah Winfrey**

"This book is a game-changer for anyone who has ever struggled with height insecurity. It's full of actionable advice that will help you to overcome your fears and start living a more confident life." - **Tony Robbins**

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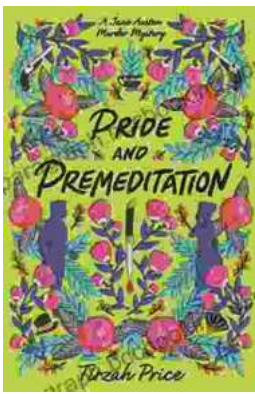
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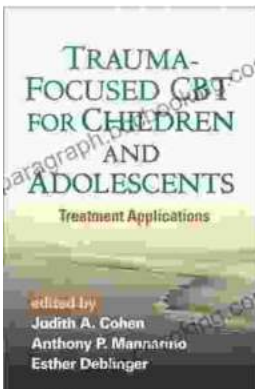
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